

Your Personal Wishes Guide

A Thoughtful Guide to Your End-of-Life Preferences

Introduction

This document is a space to record your personal wishes for what happens when you die. It's not a legal will, but a way to ensure your loved ones know your preferences for your farewell, memorial, and other important choices. Completing this now can ease decision-making for those you leave behind.

You can update this at any time. Keep it in a safe place and let someone you trust know where to find it.

1. Key Personal Information

Full Name:

Date of Birth:

Address:

Next of Kin / Main Contact:

Phone Number:

Relationship to You:

2. My Funeral Preferences

- **I would like to be:**

- **If buried, my preferred location:**

- **If cremated, I'd like my ashes to be:**

I would like a:

- **Celebrant / Officiant Preference (if any):**

- **Location of the service:**

- **I'd like people to wear:**

- **Flowers:**

- **Other personal touches I'd like:**

3. Music & Readings

- **Songs I'd like played at my funeral:**

1.

2.

3.

- **Readings, poems, or quotes I'd like included:**

1.

- 2. _____
- 3. _____

- **Anyone specific I'd like to speak or perform:**

4. My Legacy & Final Messages

- **I'd like people to remember me for:**

- **Final thoughts or messages for loved ones:**

- **Letters or video messages stored at:**

5. Organ Donation & Body Donation

- **I am a registered organ donor:**



- **I'd like to donate my body to medical science:**

6. Practical Matters & Digital Presence

- **Where to find my important documents (will, insurance, etc.):**

- **Passwords and digital accounts are stored:**

Social media preferences –

Keep Accounts Open – No changes, people can still visit and interact.

Memorialise Accounts – Facebook and Instagram allow accounts to become "In Memory Of," preventing logins but keeping content visible.

Delete Accounts – Request full removal from platforms.

Pass on to Someone – Some platforms allow you to name a "legacy contact" (e.g., Facebook).

Scheduled Posts or Final Messages – Some services let you schedule posts or send messages after your passing.

7. Personal Notes & Additional Wishes

Use this space for anything else you'd like to include, such as specific instructions, a letter to loved ones, or additional wishes.
